



# The **New** Culture of Safety

Nova Scotia Safety Council's  
26th Annual Conference & Tradeshow

**Sessions, Workshops and  
Pre Conference Courses**

March 26th - 28th, 2008  
The Westin Nova Scotian  
Halifax, Nova Scotia

Platinum Sponsors:



**WORK SAFE. FOR LIFE.**  
WORKERS' COMPENSATION BOARD OF NOVA SCOTIA

## Pre Conference Courses

9:00am - 1:00pm

### 1A - Due Diligence Course \$75

Provides a basic understanding of due diligence. Participants will have the tools to help them develop due diligence as a standard, not a defense.

9:00am - 1:00pm

### 1B - Risk Assessment Course \$75

Participants will learn how to identify various hazards and will be introduced to tools that can be used to estimate risk. Topics include risk acceptability, opportunities to control risk, and the role of risk assessment in a workplace health and safety system. Examples and a case study will be used.

9:00am - 1:00pm

### 1C - Lockout/Tagout Course \$75

Lockout incidents are typically very serious. This course will help companies develop a lockout system that complies with the Occupational General Safety Regulations.

9:00am - 5:00pm

### 1D - Emergency First Aid Course \$55

CPR Level A, B, or C. This course covers appropriate responses to immediate life threatening conditions. Topics include: airway management, breathing emergencies, cardiac emergencies, CPR, severe bleeding and shock.

12:00pm - 2:00pm - DELEGATE REGISTRATION

## Conference Sessions and Workshops

2:00pm - 5:00pm

### 2A - Preventing Workplace Violence Workshop (no cost)

NS Environment and Labour representatives

Workplace violence is a serious occupational hazard. Come hear best practices in workplace violence prevention from national and local organizations. In addition, there will be an interactive presentation that will guide participants through the process of creating a violence prevention plan.

### 2B - 135 Trainer's Tips and Tricks! Workshop (no cost)

Jonathan Klane, M.S.Ed., CIH, CHMM, CET, Klane's Education Information Training Hub (KEITH), Fairfield, ME, USA

Trainers at all levels can learn tips and techniques which will improve any training session. "Spice up" that annual refresher training (in any subject). Make it fun and interactive.

### 4:00pm - 5:00PM - NOVA SCOTIA SAFETY COUNCIL ANNUAL GENERAL MEETING

Safety Council members are invited to attend. Learn about the Council's new programs and strategic plans. Light refreshments will be served from 4:30-5:00pm after the meeting.

### 4:00pm - 6:00pm - DELEGATE REGISTRATION, EXHIBITS OPEN

Delegate bags provided by Maxwell Promotions

### 6:00pm - 7:00pm - OFFICIAL OPENING

Sponsored by NS Environment and Labour. Special Guest: Mark Parent, Minister of Environment and Labour Featuring: Pete Lockett, Pete's Frootique, **Embracing Change**

### 7:00pm - 8:00pm - MINISTER'S RECEPTION, EXHIBITS OPEN

Sponsored by NS Environment and Labour



Pete Lockett

**8:00am - 9:30am - DELEGATE REGISTRATION, EXHIBITS OPEN, CONTINENTAL BREAKFAST**

**7:30am - 9:00am**

#### **3A - Serving Up Safety - Representatives from Work Safe. For Life. - The WCB of Nova Scotia**

Workplace safety is an issue gaining momentum at board tables and dinner tables around the province. Join us at the breakfast table for a hearty helping of safety talk to start your day.

**9:30am - 10:45am - CONCURRENT SESSIONS**

#### **4A - Sweet Success - An Ability and Disability Management Project At The Candy Factory**

Alyson Roberts, Occupational Therapist, The Portland Centre, Dartmouth, NS

Ms. Roberts worked with Hershey Canada employees to help prevent and manage injuries, providing one-on-one employee support and case/claims management. Education on healthy work techniques and health and wellness was also provided. This session describes the successes, challenges, recommendations and financial benefits of the project, and how a business case may be made to support similar projects in other companies.

#### **4B - Recruiting and Retaining Skilled Workers**

Tim Brennan, Chief Visionary Officer, Hiring Smart Canada, Halifax, NS

Some industries in NS are already experiencing shortages of skilled workers. This puts a strain on the remaining employees, who may struggle to "work two jobs" in a safe and effective manner. How can businesses attract and keep skilled employees? What motivates young workers to remain with a company? What attracts and retains older, experienced workers to a company? This session will provide some practical advice.

#### **4C - Diabetes: What You Need to Know**

Representative from the Canadian Diabetes Association, Halifax, NS

Join this informative session delivered by a representative from the Canadian Diabetes Association to learn valuable information about this chronic disease that affects approximately 75,000 Nova Scotians. Learn what diabetes is, who is at risk, the warning signs, and how healthy eating and physical activity can help prevent type 2 diabetes.

#### **4D - What Will A Labour Inspector Look For During An Investigation?**

Vince Garnier, Provincial Manager, Inspection and Compliance Services, OHS Division, NS Environment and Labour, Halifax, NS

A serious incident has occurred in your workplace resulting in property damage, injuries, or possibly the fatality of an employee. How does NS Environment and Labour conduct its investigation? What will the investigating Labour inspector look for? What is your "due diligence"? How must you respond to investigating officers? This session provides insight into the protocols involved in conducting an investigation.

#### **4E - Questions and Answers Regarding Fall Arrest and Confined Space Equipment**

Barry Oxner, President, Total Fall Protection, Dartmouth, NS

This session will clarify the differences between regulations, standards and policies for fall protection/confined space equipment. Does all fall arrest equipment have to be CSA approved? What are the recent changes to the CSA fall arrest standards? What is ANSI and where does it apply? What happens when my harness is CSA approved but does not meet the current CSA standard? Can company policy dictate what equipment can be used? These and other relevant topics will be covered. Questions are encouraged.

#### **4F - Contractor Safety Training**

Bowater Mersey Woodlands, AbitibiBowater Nova Scotia, Liverpool, NS

Join Bowater Woodlands staff for an interactive discussion highlighting changes in safety culture in the forest industry. A novel approach to contractor participation in hazard identification and mitigation will be illustrated and successes and further challenges shared.

**10:45am - 11:15am - REFRESHMENT BREAK, EXHIBITS OPEN**

## 11:15am - 12:30pm - CONCURRENT SESSIONS

### 5A - Burn Prevention and Awareness

Michael Gaultois, Injury Survivor and Motivational Speaker, Michael Gaultois Enterprises, Gander, NL

The worst burn is the one which could have been prevented. This session will focus on a variety of home safety issues as they relate to fire and burn prevention. It will explore the impact that burn injury has, not only on the survivor, but their family and community. New programs and advancements in burn care will also be discussed.

### 5B - InNOVAcorp's Approach to Operating a Multi-Level Joint Committee

Peter Mugridge, eMBAMM, Facilities Manager, InNOVAcorp, Halifax, NS

Are you responsible for multiple tenants? Is there a need for more than one Joint Committee? Discover how InNOVAcorp operates its multi-level Joint Occupational Health and Safety Committee, and examine innovative ways to make your joint committee effective.

### 5C - Participatory Ergonomics - A Broader Reach

Darren MacDonald, Ergonomist, Prevention Services, Work Safe. For Life. - The WCB of Nova Scotia

Participatory ergonomics programs maximize the involvement of workers in the process because a worker is an expert on his or her job. Workers are involved in implementing ergonomic knowledge, procedures and changes to improve working conditions, safety, productivity, quality, morale and/or comfort. This process allows for a broader reach across the organization and typically reviews more work areas in a shorter time than a traditional evaluation. This session provides some of the common tools needed to run a successful participatory ergonomics intervention.

### 5D - Safety and the Search and Rescue Team at CFB Greenwood

Search and Rescue Team Members, CFB Greenwood, Greenwood NS

In this presentation, members of the search and rescue team at CFB Greenwood will describe the types of emergencies to which they respond, and how they do it safely and successfully. For example, how do they prepare to parachute into an emergency scene? Hear the safety precautions they take before each and every rescue mission, and learn about the importance of proper training.

### 5E - Integrated Management Systems Relevance in a Competitive Environment

Robert Shaw, Lead Auditor and Michel Raymond, EHS Leader, Halifax Operations, Pratt & Whitney Canada, Enfield, NS

In this session the speakers will explore systems similarities and opportunities, leveraging existing resources to achieve extraordinary results, seeing through a fresh set of lenses and success stories from the aerospace industry.

### 5F - Hearing Conservation

Rick Nuss, COHC, Corporate Trainer, Aearo Technologies, Cornelius, North Carolina, USA

This session describes the parts of the ear and their function, the effects of noise on hearing, noise testing, the types of hearing protection, their purpose and proper care.

## 12:30pm - 2:00pm - LUNCH; LAST CHANCE TO VIEW EXHIBITS

## 2:00pm - 3:15pm - CONCURRENT SESSIONS

### 6A - Building a Healthy Workplace – The Nova Scotia Government Experience

Joan Parks-Hubley, RSW, CRSP, Coordinator, Healthy Workplace, N.S. Public Service Commission, Halifax, NS

The Government of Nova Scotia recently received Level 1 certification in the Healthy Workplace Progressive Excellence Program from the National Quality Institute. Ms. Parks-Hubley has been involved in the development of health and wellness programs for provincial government employees and will share their story about how using a strategic approach to the development of a healthy workplace is beginning to transform their organization.

### 6B - Natural Gas Safety

Michael Borys, Supervisor of Operations and Safety, Heritage Gas, Dartmouth, NS

Over 15 million Canadians use natural gas to heat their homes and businesses. It is now available in some parts of Nova Scotia. This session will describe the characteristics of natural gas, its proper use by consumers and industry and the regulations that govern its use and the Call Before You Dig program.

## 6C - Heat Stress

Jeanette Combes, RN RM BScN COHN(C) CNCC(C), Canada Bread, Halifax, NS

This session will describe heat disorders and their health effects, predisposing factors to heat stress, guidelines for heat exposure limits, monitoring, emergency planning and some external heat source controls.

## 6D - Excellence Starts With Safety

Representatives from AbitibiBowater – Bowater Mersey Paper Company Limited

Members of AbitibiBowater Mersey's newsprint mill Joint Occupational Safety and Health Committee will discuss how the Joint Committee has evolved to become the cornerstone of the mill's safety management system. Learn how management and union representatives work together to develop safety plans, support new initiatives, resolve issues and engage all employees in the goal of achieving an injury-free workplace.

## 2:00pm - 5:00pm - WORKSHOPS & SESSIONS

## 6E - Basic Scaffolding and Inspection

John Logan and Bill Ivory, Instructors, Nova Scotia Safety Council

This workshop will provide an overview of the proper installation of scaffolding systems, including rolling scaffolding, for safety and compliance. An onsite demonstration of proper setup will be featured.

## 6F - Literacy and Safety In Nova Scotia

Joe Brown, Project Coordinator, N.S. Department of Education, Tommy Harper, Prevention Consultant, Work Safe. For Life. – The WCB of Nova Scotia, and Gennie Himmelman, Controller, Enfield Lumber, Enfield, NS

Almost 4 out of 10 Nova Scotians have difficulty reading and understanding print materials. This impacts their health and safety, and the economy, as technology creates a need for literate workers. Learn the scope of the literacy problem and the programs that are in place to address it. Elmsdale Lumber will describe how, as part of its workplace health and safety system, it established a program to improve literacy at its facility. One worker's literacy skills improved to the extent that he wrote a book!

## 6G - Positive Culture Change Begins With Creative Thinking

John Cameron, President, JK Cameron and Associates, New Glasgow, NS

The people who may be most capable of resolving workplace health and safety issues are those who deal with them daily. Learn how to enlist the willing participation of employees and engage them in creative thinking to solve problems and promote a positive safety culture.

## 3:15pm - 3:45pm - REFRESHMENT BREAK

## 3:45pm - 5:00pm - CONCURRENT SESSION

## 7A - 10 Steps To Safety Excellence

Wilson Bateman, President, Global Training Edge, Halifax, NS

This session will motivate employees to make safety a priority within their organization. Discover 10 practical steps to achieving safety excellence, ranging from commitment to life long learning to being proactive.

## 7B - Growing Our Safety Culture

Representatives from Dave's Commercial Cleaning, New Glasgow, NS

Dave's Commercial Cleaning has made extraordinary progress in building a workplace safety culture. In this session they describe how they did it, show the positive change in their WCB stats, and how the culture of safety has also had financial benefits.

## 5:00pm - 6:00pm - 8A - MEET & GREET FOR NS SAFETY COUNCIL HEALTH & SAFETY PROFESSIONAL PROGRAM GRADUATES

Enjoy light refreshments and mingle with other graduates of the NS Safety Council's Health and Safety Professional program. Learn about the new HSP designation through the Council. Not a graduate? Sign up to learn more!

## 6:30pm - 10:00pm - NETWORKING RECEPTION, TICKETS \$20 PER PERSON

Network with other delegates in a relaxed setting. Enjoy an excellent meal and entertainment, plus a few surprises! This is the chance to meet your peers at businesses and organizations from across the province.

# March 28, 2008

## 7:30am - 9:00am - NETWORKING CONTINENTAL BREAKFAST

Whether you're an "early bird" or plan to sleep in a little later, drop in to this networking breakfast, available during the hours listed above.

## 9:00am - 12:00pm - Plant Tours

Tour buses will leave the Westin at 8:45a.m. Tours are limited to delegates who have pre-registered. Details re: personal protective equipment required will be supplied with registration.

9ATour #1 – Pratt and Whitney

9BTour #2 – Ocean Nutrition lab tour

9CTour #3 - Halifax Water Treatment Plant

9D Tour#4 – Halifax Herald

## 9:15am - 12:15pm - WORKSHOP

### 9E - Joint Committees and the Internal Responsibility System Workshop

NS Environment and Labour Representatives and guests

What are the key components of a safe workplace? In this workshop, representatives from exceptional Nova Scotian joint committees will share how their workplaces have had success in fostering the internal responsibility system, and the role that their committee has played in doing so. In addition, NS Environment and Labour representatives will feature an international perspective on how a workplace can organize itself to achieve excellent safety performance.

## 9:15am - 10:30am - CONCURRENT SESSIONS

### 9F - Duty To Accommodate

Mary Morris and Patrick Hartling, Human Resources Association of Nova Scotia (HRANS)

When an employee loses a skill, through injury or disability, what does an employer do? How does the employer find a new job description that works well for both the employee and the company? This session will describe issues and solutions surrounding the employer's duty to accommodate.

### 9G - Preventing Injuries Through Cultural and Social Change - Evidence Driven Social Marketing

Jim Kingdon, ChangeMakers Marketing Communications, Winnipeg, MB

This session will detail the marketing communication strategies that illness and injury prevention partners across all industries can use to influence public, worker and employer attitudes and behaviours and generate social change. The strategies used, and the results achieved, in some successful national and provincial injury prevention programs in the mining, road safety and safety association sectors, will be described.

### 9H - Issues In Accident Theory

Dr. Peter Strahlendorf, Ryerson University, Toronto, ON

Our beliefs about how accidents happen have a tremendous impact on how health and safety gets done. Is it the worker's behaviour that is critical? Is it the management system? Do we even agree that we should be using the word "accident"? Disputes about the best course of action to bring down risk are often really disputes about accident causation. What insights do ergonomists, engineers and psychologists bring to the subject? Are we looking for one best accident theory or are there many different but valid models that can be used? We tend to use accident theories when we are investigating an accident -- but can they be used more profitably in a proactive way?

### 9I - 7 Habits That Can Save Your Life

Wilson Bateman, President, Global Training Edge, Halifax, NS

The 7 Habits is a motivational program that will make participants rethink their daily habits and the resulting impact on their health and safety on and off the job.

## 10:30am - 11:00am - REFRESHMENT BREAK

## 11:00am - 12:15pm - CONCURRENT SESSIONS

## 10A - Becoming 'Ultra Safe' By 'Getting The Culture Right'

Dr. Mark Fleming, Associate Professor, St. Mary's University, Halifax, NS

Dr. Fleming discusses lessons learned during the past 15 years working with the petrochemical, aviation and healthcare industries. He will present a five step safety improvement model and a self assessment tool developed in collaboration with the offshore oil and gas industry and funded by Petroleum Research Atlantic Canada.

## 10B - From The Flight Deck

Capt. Doug Morris, airline pilot, meteorologist and author, Oakville, ON

This session describes pilot training, aircraft maintenance, standard operating procedures and other aspects of airline safety. Capt. Morris will also relate what it's like to sit in the pilot's seat, and will provide answers to some of the common questions airline passengers have. Capt. Morris is the author of "From The Flight Deck: Plane Talk and Sky Science".

## 10C - Effective Claims/Disability Management and Return To Work Protocols

Marise Mitchell, Workers Compensation Consultant, ADP Limited, Dartmouth, NS

The continued operational good health of a company is dependent on their ability to effectively manage their claims and resulting absenteeism. This session will discuss effective claims management and return to work protocols, including proper completion of forms and follow up for the duration of a given claim, ways to control claims costs and decrease direct WCB costs under the experience rating.

## 10D - Don't Get Caught In The Trenches

Dave Walsh, Inspector, OHS Division, NS Environment and Labour, Halifax, NS

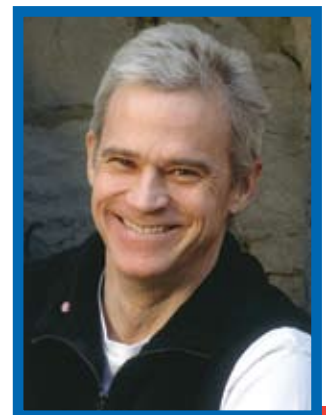
Poorly managed excavation projects can still be found across Nova Scotia and trench collapses are still taking place. This session discusses the proper planning, management and "due diligence" of excavation projects to help decrease the risk of injuries, death and prosecution.

12:30pm - 2:00pm

## 11A - CLOSING LUNCHEON

Sponsored by Work Safe. For Life – Workers' Compensation Board of Nova Scotia, featuring Alan Hobson, Mt. Everest climber-summiteer and cancer survivor.

Enjoy another networking event and end the conference on a very positive note! The luncheon will be followed by prize draws and speaker Alan Hobson, whose presentation **Adapt To The Unexpected** will show you how to rise to the challenge of change and effectively re-prioritize, while not losing sight of your goals.



Alan Hobson

# March 29-30, 2008

## Post Conference Workshop

### CRSP Preparation Course - Cost: \$800 plus hst

Dr. Peter Strahlendorf, BSc., BES, LL.B., LL.M., SJD., CRSP, School Of Occupational and Public Health, Ryerson University

If you are an OHS professional with at least 3 years of experience, you may be eligible for the CRSP designation. There are now approximately 2,400 CRSPs in Canada. Employers view the CRSP as evidence of professional status and experience. The CRSP is awarded by the Board of Canadian Registered Safety Professionals (BCRSP). The BCRSP website provides details of eligibility and application forms to become a CRSP.

This course prepares participants for the CRSP exam which is offered by the BCRSP twice annually. The course may be taken whether or not the participant has first applied to the BCRSP. Some people have taken the course as a last minute review and others in order to develop a study plan. Dr. Strahlendorf has presented this course to hundreds of people across Canada in the past decade.

To register, send your information to: Institute For Quality, Safety and Environment Management, at (fax) 416-955-9895 or phone 416-955-9195 or email [strahlen@sympatico.ca](mailto:strahlen@sympatico.ca).



**Register**

Online • [www.nssafety.ns.ca](http://www.nssafety.ns.ca) Phone • 902-454-9621

## Registration Cost Information:

### Early Bird Special - Prior to Jan 31, 2008

- Non Member \$500
- Company Member \$400
- Enhanced Corporate Member \$350

### After Jan 31, 2008

- Non Member \$550
- Company Member \$450
- Enhanced Corporate Member \$400

## Accommodations:

### The Westin Nova Scotian - Halifax, Nova Scotia

Guest room rate, \$105 until February 25, 2008. To make a reservation, call the Westin at 496-8585 or 1-877-993-7846. Identify yourself as attending the Nova Scotia Safety Council's conference to ensure your reduced rate. Book early!

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